



# Women's Transformation 2013!

## “Pulling Down Strongholds, Lifting Up Jesus”

*Nah1:7 The LORD is good, a stronghold in the day of trouble; and he knoweth them that trust in him.  
Ps.7:17 I will praise the LORD according to his righteousness: and will sing praise to the name of the LORD most high.*

## WORKSHOP REGISTRATION FORM

**Prayer Breakfast February 2, 2013 • 8:00am-2:00pm**

☐ Yes, I will attend

☐ No, I will not attend

**Women's Transformation Conference - February 9, 2013 • 8:00am-3:15pm**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_

CHURCH MEMBERSHIP \_\_\_\_\_

PHONE: HOME \_\_\_\_\_ CELL \_\_\_\_\_

DO YOU RECEIVE WOMEN'S DIVISION EMAIL? ☐ YES

☐ NO

HAVE YOU EVER ATTENDED A WOMEN'S DIVISION MEETING? ☐ YES

☐ NO

### WORKSHOPS: \$20.00 Donation

Please select three (3) topics and your desired corresponding time. (Description of classes on back)

#### Women Sessions

<input type="checkbox"/> "Turning Hurts into Halos and Scars into Stars"	<input type="checkbox"/> 9:30	<input type="checkbox"/> 10:30	<input type="checkbox"/> 11:30
<input type="checkbox"/> "Quiet time with God, the "Power of Prayer"	<input type="checkbox"/> 9:30	<input type="checkbox"/> 10:30	<input type="checkbox"/> 11:30
<input type="checkbox"/> "Taming the Tongue "My Mouth is an instrument of Praise"	<input type="checkbox"/> 9:30	<input type="checkbox"/> 10:30	<input type="checkbox"/> 11:30
<input type="checkbox"/> "I Will Praise the Lord Regardless of My Circumstances "	<input type="checkbox"/> 9:30	<input type="checkbox"/> 10:30	<input type="checkbox"/> 11:30
<input type="checkbox"/> "The Power of Praise through Music in the Church"	<input type="checkbox"/> 9:30	<input type="checkbox"/> 10:30	<input type="checkbox"/> 11:30
<input type="checkbox"/> "Social Networking, Keeping it real , Keep it safe, Keep it Live! "	<input type="checkbox"/> 9:30	<input type="checkbox"/> 10:30	<input type="checkbox"/> 11:30

**Antioch Baptist Church North**

**Rev. C. M. Alexander, Pastor**

**Bible-based • Christ-centered • Holy Spirit-led • Mission-bound**

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#### FOR OFFICE USE ONLY

Amount Paid \$ \_\_\_\_\_

Date Paid \_\_\_\_\_

☐ Cash

☐ Check

## Description of Classes

### TRANSFORMATION SESSION I

#### • ***“Turning Hurts into Halos and Scars into Stars”***

This class is designed to encourage women that regardless of hurts that come into our lives they are just for a little time. Turn these same hurts that have become scars into stars that will serve as strength for others to follow.

### TRANSFORMATION SESSION II

#### • ***Quiet time with God, the “Power of Prayer”***

This class is designed to encourage women to give their all to Christ through prayer. It will also impart that the power of prayer comes to us when we realize that God can be our point of reference in the midst of all the confusions of our daily lives. The power of prayer shows that God is steadfast rather than fragile. The class will also teach that God calls us to pray and through prayer, He empowers us and gives us strength to endure

### TRANSFORMATION SESSION III

#### • ***Taming the Tongue “My Mouth is an instrument of Praise”***

Who hasn't sometimes struggled with saying the wrong word at the wrong time. The slip of the tongue can cause problems in personal and business relationships. This class will review soul-searching questions and scriptural based personal affirmations that can change your life and the lives of those around you. Learn to use your tongue to encourage others as opposed to tearing them down. Which adjective best describes how you've been using your tongue? The Augmentative Tongue, The Gossiping Tongue, The Complaining Tongue, The judgmental Tongue, The Lying Tongue, The know-it-all Tongue, The harsh Tongue, The Boasting Tongue, The Cursing Tongue, The Hasty Tongue, The Belittling Tongue, The Doubting Tongue etc.

### TRANSFORMATION SESSION IV

#### • ***“I Will Praise the Lord Regardless of My Circumstances ”***

Regardless of what life brings our way, women will learn to praise God in all circumstances and at all times. Before, during & even after the storms of life.

### TRANSFORMATION SESSION V

#### • ***“The Power of Praise through Music in the Church”***

This class is designed to teach that worship is more than listening to a minister preach on Sunday. Praise to God through music is a way of glorifying God, however that there are guidelines that must be followed for true worship to take place. What do the choirs and dance ministry demonstrate on Sundays during worship?

### TRANSFORMATION SESSION VI

#### • ***Social Networking, Keeping it real , Keep it safe, Keep it Live!***

“How to survive social media in a Christian Manner using Technology today?” We are living in a technological world today? Often the dangers are never considered a factor. Adults sometimes do not realize that their daily lives may be affected by using these social media opportunities the wrong way. Adults also need to become aware of the many dangers that children face through the use of social media. (Example: sex trafficking) We should be mindful of remaining a Christian when using technology. We are encouraged to be honest when asking God to bless and use our actions for his own good purpose.